

Exploring the hidden side of lived experience through **Micro-Phenomenology**

Open lecture with **Claire Petitmengin**

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Pjóðminjasafn Íslands
Fyrirlestrarsalur
National Museum
of Iceland,
Auditorium



Kick-off lecture
for the research
project on
**Embodied Critical
Thinking**
www.ect.hi.is

What's happening when an idea comes to us? When we listen to a course, read an article, or write an e-mail? When we discover an artwork, listen to a piece of music, or breathe a perfume? A large part of these phenomena, which constitute the very texture of our existence, escape awareness and verbal description, and have thus far been excluded from scientific investigation.

Micro-phenomenology enables us to discover ordinary inaccessible dimensions of our lived experience and describe them very accurately and reliably. The development of this "psychological microscope" opens vast fields of investigation in the educational, technological, clinical and therapeutic, as well as artistic and contemplative domains.

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Embodied Critical Thinking (ect.hi.is) is a cutting-edge project that develops a novel, critical and problem-based, transdisciplinary approach that seeks to renew the teaching of critical thinking by engaging recent theories and discussions of embodiment in terms of integrating the complexity of feeling and experiential backgrounds in thinking.

